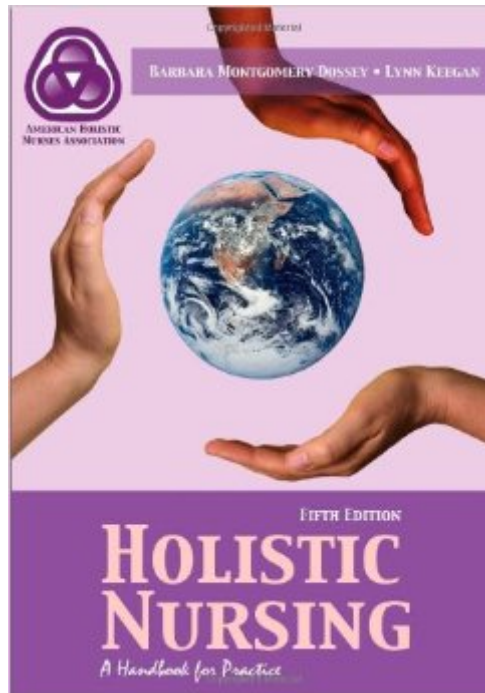


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# Holistic Nursing: A Handbook For Practice (Dossey, Holistic Nursing)



## Synopsis

Holistic Nursing: A Handbook for Practice guides nurses in the art and science of holistic nursing and offers ways of thinking, practicing, and responding to bring healing to the forefront of health care. Using self-assessments, relaxation, imagery nutrition, and exercise, it presents expanded strategies for enhancing psychophysiology. The Fifth Edition has been completely revised and updated with new chapters, including one on evidence-based practice.

## Book Information

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## Customer Reviews

This tome is definitely for the in-depth holistic care giver. Every aspect of care is covered in a complete and organized manner. This includes the very over looked self-care subject. If you are seeking the 'Bible' in holistic work, search no further. I can not imagine another source as complete as this one. A big thumbs up.

I'm a board-certified music therapist. I'm interested in learning more about holistic nursing and purchased the 5th edition of this book. The author of the music therapy chapter totally failed to distinguish "music therapy as a profession" and "music as a nursing intervention". Moreover, the author suggested some music and imagery work for nurses to try with their patients which is totally inappropriate. Even a certified music therapist graduated from a university-level music therapy program is Not necessary qualified to do All types of music and imagery work, if without more

advanced training (such as years of BMGIM training). The author totally endangers the patients by suggesting nurses to practice music and imagery with the patient being in an altered state of consciousness, while not suggesting the nurses to receive some sort of relevant training first. It's very dangerous because some of the subconscious material may emerge during the music listening since the patient is not fully awake, but in an altered state of consciousness when their reality is shifted. Without proper training in psychotherapy, or BMGIM, the nurse interventionist may not be able to properly address the emerged subconscious material and may do more harm than good to the patient. Moreover, if the patient had a history of mental illness, music and imagery can actually elevate their psychotic symptoms. Last but not least, the author totally failed to mention a referral is necessary when a patient's response to music is out of ordinary, or if a patient wish to receive some real music therapy for personal growth/wellness during/after the hospitalization, while suggesting the patient to buy CDs or music for an iPod so he can continue his "music therapy"--this is just totally unprofessional!! I think they should totally STOP SELLING this edition!!

I love this book & am in-text citing the authors and ideas in my PhD dissertation work! The book arrived in the condition as advertised -- and in a timely manner! Thank you! Julie Potter-Dunlop

The book definitely has good information, but it's not very succinct and the pages are all bland and gray (poorly designed). I think the writers could knock off at least 100-200 pages without diminishing the quality of the content.

You will keep this book nearby for you to up your game when dealing with patient problems in a holistic manne. This is THE one compendium of all possible disciplines in the holistic field. In my family, we have nurses, personal trainers, yoga instructors, massage therapists, pharmacists, and research scientists; all dealing with patients in a holistic manner. This book won't leave your side. You may want one for the office and for home/field consults. You will reference it daily.

Fabulous and fantastic in every way! Such a great source of necessary information to better understand and implement Holistic Nursing into my daily and professional life. Peace & Blessings, Debra Marsch, BSN, RN

I bought this book because I admire the author's wonderful biography of Florence Nightingale. This is an essential reference for all nurses who want to be compassionate and effective care givers and

who would like to be conversant with holistic medicine. We have so many patients who ask about that now that we owe it to them to be properly informed.

So I am in a Holistic Nursing class and my teacher made the new version of this textbook the mandatory book for the course. The only thing the new 2013, updated version of this book is around \$50-60 which is not worth it for just an elective I'll have for one semester, so I opted for the latest version and hopefully they are very similar. I like the lay out of the book as well, and usually I am very picky about that. I did not compare the newer version and this, but usually newer editions are very similar, I've done this in the past for a Child and Family development course. I recommend it.

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